



CLAYTON COUNTY

# Board of Health

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## Proclamation Re-Opens Clayton County

*Stay Healthy & Continue to Stop the Spread of COVID-19*

Contact: Nancy Yelden, RN, Clayton County VNA

Governor Reynolds' proclamation on April 27, 2020, allows specific counties to re-open select types of businesses and establishments. Clayton County is one of 77 counties allowed to reopen with specific regulations. While there are benefits to allowing some of our businesses and other establishments to open, COVID-19 did not go away.

It is important, now more than ever, individuals continue to protect themselves and others against the spread of this virus by following important public health recommendations. The Clayton County Healthcare Coalition would like to remind residents to:

- **Maintain Social Distancing**—Remember to keep 6 feet between you and other people.
- **Wash Your Hands**—Remember to wash your hands with soap and water frequently. If you can't use soap and water, use an alcohol-based hand sanitizer with at least 60% alcohol content.
- **Cover Your Sneezes & Coughs**—Remember to cover your sneezes and coughs with a tissue or your arm.
- **Wear A Mask**—When out in public, wear a mask to protect yourself and others.
- **STAY HOME** if you are ill or running a fever of 100.4 F or 38 C.
- **STAY HOME** if you are considered a high-risk health group. High-risk health groups include individuals over age 65, anyone with a serious underlying health condition such as cardiac or pulmonary conditions, diabetes, etc., and those who may be immunocompromised.

For general questions, individuals may call the Clayton County Visiting Nurse Association at (563) 245-1145.

Clayton County Board of Health Chair, Dr. Michele Dikkers shares, "Be well and take care of each other. Follow the recommendations of the CDC (Center for Disease Control and Prevention), the guidance of the state of Iowa, continue social distancing and stay local."

Most up-to-date information and recommendations on COVID-19 can be found by visiting:

- Iowa Department of Public Health: <https://idph.iowa.gov/Emerging-Health-Issues/Novel-Coronavirus>
- Center for Disease Control and Prevention: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>



LOCATED IN THE MIDST OF IOWA'S SCENIC WONDERLAND OF HILLS AND STREAMS